Welcome...

to the American Academy of Addiction Psychiatry’s 27th Annual Meeting and Scientific Symposium

Connect with some of the top experts in the field of Addiction Psychiatry


Not registered yet? Register now!

The American Academy of Addiction Psychiatry invites you to attend the 27th Annual Meeting and Scientific Symposium in Bonita Springs, Florida. As one of the most informative addiction conferences in the country, our annual meeting provides the latest scientific developments in substance use disorders to physicians and allied health professionals who treat patients with substance use and mental health disorders.

Get ready to:
• Learn the latest evidence-based information in Addiction Psychiatry through a wide variety of workshops and symposia
• Network with the top experts in the field of Addiction Psychiatry
• Meet new friends and re-connect with colleagues

More information.

REGISTER EARLY AND SAVE!!
What is AAAP?

AAAP is a professional membership organization founded in 1985 with more than 1,500 members. Membership consists of psychiatrists who work with substance use disorders in their practices, faculty at various academic institutions, primary care professionals, residents and medical students who are making a contribution to the field of Addiction Psychiatry.

- The leading professional membership organization for learning and sharing about the art and science of Addiction Psychiatry research and clinical treatment.
- Transforming lives through a commitment to using evidenced based research to continually improve clinical approaches and outcomes of their patients.
- A caring and engaging group of like-minded professionals who excel at translating work from the laboratory to solutions required in the real world.
- A collegial environment where health professionals have the opportunity to meet new colleagues, learn from thought leaders and contribute their own knowledge to an ever-expanding dialogue.
- An organization committed to building collaborative efforts that provide an ideal forum for health professionals in the field to expand their skills through certification and continuing education programs in the field of addictions.
Dates of conference:
December 8 - 11, 2016

Posters Sessions
Session 1: Saturday, December 10, 2016
Session 2: Sunday, December 11, 2016

Early Bird Deadline
Deadline to receive a discount on registration is November 1, 2016.

Hotel Information
Book your Hotel Room Now!

This year’s annual meeting will be held at the Hyatt Regency Coconut Point Resort and Spa in Bonita Springs, FL. Meeting rates for rooms are $219. Call (888) 421-1442 or use this link to reserve your room online. Please make certain to notify registration that you are part of the AAAP Annual Meeting and Scientific Symposium.

If you are flying in, we recommend using the Fort Myers Airport.

Important Dates

Rates and Deadlines

Prices below reflect the early bird registration rate. After November 1, $50.00 will be added to the price.

Annual Meeting Rates

Discounted Member Rates – Apply for membership now!
- AAAP Member $580
- Related Health Professional $350
- Early Career $310
- Resident/Fellow $310
- Spouse of Member $310
- Medical Student $75

Non-Member Rates:
- Physician $680
- Related Health Professional $450
- Early Career $410
- Resident/Fellow $410
- Spouse of Non-Member $410
- Medical Student $125

Addictions and Their Treatment Review Course Only:

Discounted AAAP Member Rates – Apply for membership now!
- AAAP member $750
- Related Health Professional $750
- Early Career $750
- Resident/Fellow $450
- Medical Student $100

Non-Member Rates:
- Physician $830
- Related Health Professional $830
- Early Career $830
- Resident/Fellow $550
- Medical Student $175

Annual Meeting and Addictions and Their Treatment Review Course

Discounted Member Rates – Apply for membership now!
- AAAP member $1,130
- Related Health Professional $1,050
- Early Career $1,000
- Resident/Fellow $610
- Medical Student $175

Non-Member Rates:
- Physician $1,285
- Related Health Professional $1,230
- Early Career $1,180
- Resident/Fellow $710
- Medical Student $300

Cancellation Policy

50% of the total registration fee will be refunded if a written notification of cancellation is received by AAAP no later than November 1, 2016. After November 1, 2016 no further refunds will be allowed.

All cancellations must be received in writing at the AAAP office to be official. Please email Miriam Giles.
# Conference Schedule

**MONDAY, DECEMBER 5, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00 pm – 6:00 pm</td>
<td>Addictions and Their Treatment Registration</td>
</tr>
</tbody>
</table>

**TUESDAY, DECEMBER 6, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am – 5:30 pm</td>
<td>ADDICTIONS AND THEIR TREATMENT (PART 1)</td>
</tr>
<tr>
<td>2:00 pm – 6:00 pm</td>
<td>Registration opens</td>
</tr>
</tbody>
</table>

**WEDNESDAY, DECEMBER 7, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>8:00 am – 6:00 pm</td>
<td>ADDICTIONS AND THEIR TREATMENT (PART 2)</td>
</tr>
<tr>
<td>3:00 pm – 6:00 pm</td>
<td>PCSS-O and MAT Steering Committee Meeting</td>
</tr>
</tbody>
</table>

**THURSDAY, DECEMBER 8, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am – 1:15 pm</td>
<td>ADDICTIONS AND THEIR TREATMENT (PART 3)</td>
</tr>
<tr>
<td>8:00 am – 6:00 pm</td>
<td>Registration Open</td>
</tr>
<tr>
<td>8:00 am – 12:00 pm</td>
<td>APA Integrated Care Initiative Course</td>
</tr>
<tr>
<td>8:00 am – 12:00 pm</td>
<td>PsychSign Area 5 Meeting</td>
</tr>
<tr>
<td>8:00 am – 2:00 pm</td>
<td>Board of Directors’ Meeting</td>
</tr>
<tr>
<td>12:00 pm – 6:30 pm</td>
<td>Exhibit Set Up and Open</td>
</tr>
<tr>
<td>12:30 pm – 1:30 pm</td>
<td>Public Policy Committee Meeting</td>
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<tr>
<td>12:30 pm – 1:30 pm</td>
<td>Research Committee Meeting</td>
</tr>
<tr>
<td>12:30 pm – 1:30 pm</td>
<td>Marijuana Special Interest Group</td>
</tr>
<tr>
<td>1:30 pm – 1:45 pm</td>
<td>Welcome Remarks</td>
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<tr>
<td>1:45 pm – 3:45 pm</td>
<td>Symposium I</td>
</tr>
<tr>
<td>3:45 pm – 4:00 pm</td>
<td>Break</td>
</tr>
<tr>
<td>4:00 pm – 5:30 pm</td>
<td>Concurrent Workshop Session A (1-5)</td>
</tr>
<tr>
<td>5:30 pm – 6:00 pm</td>
<td>Area Directors’ Meeting</td>
</tr>
<tr>
<td>6:00 pm – 7:00 pm</td>
<td>Welcome Reception</td>
</tr>
<tr>
<td>7:00 pm – 8:00 pm</td>
<td>Trainee Workshop</td>
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<tr>
<td>7:15 pm – 8:15 pm</td>
<td>Yoga</td>
</tr>
<tr>
<td>8:00 pm – 9:00 pm</td>
<td>Recovery Meeting</td>
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**FRIDAY, DECEMBER 9, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:30 am – 7:30 am</td>
<td>Fun Run/Walk</td>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>Breakfast for Trainees</td>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>12 Step, Physician Health Comm. Meeting</td>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>The American Journal on Addictions</td>
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<tr>
<td>7:00 am – 8:30 am</td>
<td>Breakfast on Exhibit Floor</td>
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<tr>
<td>8:00 am – 6:00 pm</td>
<td>Registration Open</td>
</tr>
<tr>
<td>8:00 am – 9:30 am</td>
<td>Keynote Session: Founders’ Award</td>
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<tr>
<td>9:30 am – 10:30 am</td>
<td>Medical Update</td>
</tr>
<tr>
<td>10:45 am – 12:15 pm</td>
<td>Concurrent Workshop Session B (1-5)</td>
</tr>
<tr>
<td>11:30 am – 1:30 pm</td>
<td>Exhibit Hall Highlighted</td>
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<tr>
<td>12:15 pm – 1:15 pm</td>
<td>Membership Committee</td>
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**SATURDAY, DECEMBER 10, 2016**

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>6:00 pm – 8:00 pm</td>
<td>Welcome Remarks</td>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>Controversial Issues Committee Meeting</td>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>The American Journal on Addictions</td>
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<tr>
<td>7:00 am – 8:00 am</td>
<td>Breakfast on Exhibit Floor</td>
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<tr>
<td>2:00 pm – 3:30 pm</td>
<td>Poster Luncheon A</td>
</tr>
<tr>
<td>1:00 pm – 2:30 pm</td>
<td>Paper Session #1</td>
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<tr>
<td>2:30 pm – 4:30 pm</td>
<td>Symposium IV</td>
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<tr>
<td>4:30 pm – 5:30 pm</td>
<td>Afternoon Tea with the Experts</td>
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<tr>
<td>4:30 pm – 6:00 pm</td>
<td>Exhibit Hall Highlighted</td>
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<tr>
<td>6:00 pm – 7:00 pm</td>
<td>Fellowship Forum</td>
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<tr>
<td>7:00 pm – 9:00 pm</td>
<td>Gala Awards Ceremony and Auction</td>
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<tr>
<td>9:00 pm – 10:00 pm</td>
<td>Recovery Meeting</td>
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**SUNDAY, DECEMBER 11, 2016**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:00 am – 8:00 am</td>
<td>Program Committee Meeting</td>
</tr>
<tr>
<td>8:15 am – 9:15 am</td>
<td>Poster Breakfast B</td>
</tr>
<tr>
<td>9:30 am – 11:00 am</td>
<td>Concurrent Workshops D 1-5</td>
</tr>
<tr>
<td>11:00 am – 12:00 pm</td>
<td>Paper Session #2</td>
</tr>
<tr>
<td>12:00 pm</td>
<td>Conference Adjourns</td>
</tr>
</tbody>
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THURSDAY, DECEMBER 8, 1:45 PM – 3:45 PM

SYMPOSIUM I: Clinical Findings in Cannabis Research: Implications for Practice
Chairman: John Hughes, MD

SUMMARY: We review recent clinical studies in the area of cannabis and cannabinoid research. In the first talk, we highlight that cannabis users trying to quit without treatment repeatedly and rapidly cycle across reduction, abstinence, and use as usual stages. This suggests treatments should not focus on a single attempt but on learning from attempts over time. In the second talk, we describe a study that prospectively evaluated the impact of posttraumatic stress disorder (PTSD) on cannabis self-quit success. Findings indicate that those with a PTSD diagnosis used more cannabis prior to their quit attempt and had a slower initial decline in cannabis use immediately following their quit attempt, highlighting the particular importance of targeting outreach and intervention efforts at this vulnerable population. We then present findings from studies the evaluate innovative approaches to treating adults with both cannabis and tobacco use disorders. These studies suggest that concurrent or sequential approaches to intervening on this common co-occurring pattern of substance use may enhance tobacco outcomes without adversely impacting cannabis use outcomes. Finally we provide a discussion of our evolving understanding of the association between adolescent cannabis use, particularly high potency cannabis use and psychosis, who is at risk, and steps being taken clinically based on these data to prevent, identify early, and treat cannabis use in those at risk for psychosis and siblings of those first episode psychosis.

FRIDAY, DECEMBER 9, 1:30 PM – 3:30 PM

SYMPOSIUM II: How to Realign the Drug Treatment System Under the ACA in Response to the Overdose Epidemic
Co-Chairmen Marc Galanter, MD, and Arthur Robin Williams, MD, MBE

SUMMARY: The United States is facing an unprecedented epidemic of opioid-related deaths. Yet few of the 2.4 million individuals with OUDs successfully gain access to the nation’s fragmented drug treatment system. Among those who receive care, most do not receive evidence-based care with medication assisted treatment (MAT). Under healthcare reform, there is unprecedented opportunity to realign the drug treatment system, largely through Medicaid expansion and integrated care models. We review promising strategies that have the potential to facilitate delivery of MAT and other evidence-based practices under clinician leadership and collaboration.

Given the scope of the opioid overdose epidemic, we propose a symposium to help AAAP membership better understand the historic and current delivery of addiction treatment nationwide from a systems perspective and how opportunities under the Affordable Care Act (“healthcare reform”) can expand their roles for increasing access to evidence based treatment. As the nation’s drug treatment system stands apart from the general healthcare system, and varies greatly state to state, providers typically have little knowledge about the delivery of care in other areas. We will present new data on provider attitudes around MAT adoption, incorporation of MAT in 12-step models, and detail successful cases of reform with an emphasis on the role of psychiatrists and clinicians.

Arthur Robin Williams MD MBE: The Drug Treatment System Historically and the Challenge of the Affordable Care Act, a Systems Perspective. Adam Bisaga MD: Integrating MAT into systems based practice and innovative collaborative care models, emphasizing data from Vermont hub and spoke system. Marc Galanter MD: Combining Twelve Step and Medication-Assisted Treatment in Residential Rehabilitation Programs: A National Priority, new data from NSSATS. Helena Hansen MD PhD: Sociocultural factors impacting access to MAT and care delivery, new qualitative data from buprenorphine prescribers in OTPs

SATURDAY, DECEMBER 10, 8:00 AM – 10:00 AM

SYMPOSIUM III: Psychoneuroendocrinology of Addictions
Chairman: Lorenzo Leggio, MD

SUMMARY: Hormones are important in the regulation of many functions. Recent clinical research provides growing evidence concerning the role of appetitive hormones on the etiology and development of alcohol use disorder (AUD). Appetitive hormones
Symposia continued

may signal between the gut-liver and the brain, therefore playing a key role on the gut-liver-brain axis. Notably, in addition to being a drug possessing central reward properties, alcohol is also a source of calories and shares a direct causal effect on gut/liver damage. Therefore, studying the gut-liver-brain axis in AUD and studying related psychoneuroendocrine pathways is a relevant and innovative approach.

This approach is the main focus of Dr. Leggio’s laboratory, where pathways under investigation include ghrelin, leptin, oxytocin, insulin and GLP-1. For example, both animal and human studies provide evidence that ghrelin not only influences hunger but also has a role in the search for rewarding substances, such as alcohol. Animal studies provide evidence that ghrelin stimulates the reward system. Human studies with AUD individuals suggest that higher ghrelin levels are associated with higher alcohol craving and an experimental human study indicated that ghrelin infusion, compared to placebo, resulted into increased cue-induced craving. Overall, the ghrelin-related literature in AUD suggests that ghrelin receptor antagonism may represent a novel treatment approach for AUD.

This lecture will first overview endocrine consequences related to excessive alcohol use. The discussion will then move to recent clinical research findings that illustrate how appetite hormones may play a key role in regulating clinically-relevant behaviors specifically, craving and drinking, as novel treatment targets. The lecture will discuss the implications of these ongoing research efforts in clinical practice. In fact, a better understanding of the role of these appetite endocrine pathways may contribute to a more comprehensive and effective means to diagnose and manage AUD.

SATURDAY. DECEMBER 10, 2:30 PM – 4:30 PM

SYMPOSIUM IV: Predictors of Long-term Outcome of Opioid Dependence: Implications for Treatment Planning
Chairman: Edward Nunes, MD

SUMMARY: Much is known about the acute treatment of opioid dependence. Medications (methadone, buprenorphine, injection naltrexone) are effective, and the relapse rate after acute detoxification, not followed by medication treatment, is high. Less is known about the long term prognosis and management of opioid dependence. Patients who are stabilized on one of the medications often wish to discontinue the medication, and the clinicians are faced with problem of how to advise such patients. Questions include: How long should a patient stay on medication, and at what point can medication be discontinued? What are the predictors of which patients would be likely to remain abstinent after discontinuation of medication, and which should continue medication indefinitely? What are predictors of risk for overdose? Long term follow-ups on cohorts of patients entered into clinical trials in the National Drug Abuse Clinical Trials Network (CTN), and related studies, provide data relevant to these questions. Dr. Roger Weiss will present a follow up over 42 months after enrollment in CTN-0030 (POATS), a multi-site trial of buprenorphine for patients with prescription opioid dependence, examining patterns and predictors of long term outcome of opioid dependence. Dr. Ying Hser will present follow-up data over 4 years after enrollment of CTN-0027, a multi-site trial of 6 month trial comparing buprenorphine to methadone maintenance. Dr. Joshua Lee will present 18 month follow-up data on a NIDA-funded, multi-site, 6-month trial of injection naltrexone for opioid dependence. General patterns across the studies include that relapse rates after discontinuation of medication are substantial, but a minority of patients are able to remain abstinent off of medication. Finally, Dr. Cynthia Campbell will present long term follow-up on a large primary care cohort, examining predictors of risk for opioid dependence, and for overdose, a key concern when managing patients with opioid dependence. Dr. Andrew Saxon will lead a panel discussion that will focus on the implications of the findings for the long-term management of patients with opioid dependence.
Workshops

THURSDAY, DECEMBER 8, 2016—Concurrent Workshop Session A 1-5  4:00 pm – 5:30 pm

Buprenorphine Treatment of Opioid-Dependent Physicians: Pros and Cons
Lead Presenters: John Fromson, MD and Kirk Brower, MD

Best Practices in Addiction Psychiatry Education
Lead Presenter: Scott Oakman, MD

Acceptance and Commitment Therapy for Substance Use Disorders: Treatment principles and empirical findings
Lead Presenter: Igor Weinberg, PhD

Working with parents and families to improve outcomes for adolescents with substance use disorders: Incorporating family-centered care into your practice
Lead Presenter: Christopher J. Hammond, MD

New CDC Guidelines for Opioid Prescribing: How Is An Addiction Psychiatrist to Respond?
Lead Presenter: Brian Johnson, MD

FRIDAY, DECEMBER 9, 2016—Concurrent Workshop Session B 1—5   10:45 am – 12:15 pm

Acceptance, Mindfulness, and Values in Chronic Pain: An Introduction and Skills Building Workshop
Lead Presenter: Kevin Vowles, PhD

How to Apply Alcoholics Anonymous in Different Clinical Settings
Lead Presenters: Marc Galanter, MD and Arthur Robin Williams, MD, MBE

Addictions Treatment in Medically Complex Patients: Liver, Kidney, and Heart Failure
Lead Presenter: Caridad Ponce-Martinez, MD

Science and the Sobering Truth: The Relationship between ADHD and Substance Use Disorders
Lead Presenter: David Atkinson, MD

Benzodiazepines for Patients with other Substance Use Disorders: When (if ever) to use them and how to discontinue them
Lead Presenter: Olivera Bogunovic, MD

SATURDAY, DECEMBER 10 2016—Concurrent Workshop Session C 1—5   10:15 am – 11:45 am

The Intersection of Addiction Psychiatry and Emergency Psychiatry: Clinical Case Presentations
Lead Presenter: Brian Fuehrlein, MD
Workshops continued

Opioid Alternatives: A Menu of Options for Pain
Lead Presenter: Ken Martz, PhD

Evidence-Based Approach to Treating Pregnant Women with Opiate Use Disorder
Lead Presenter: Kathryn Myer, MD

Acceptance and Commitment Therapy for Addictions
Lead Presenter: John Matthews, MD

Cannabis Abuse and Psychosis: Why it is equally important to address both conditions and what treatment recommendations and resources are available to providers
Lead Presenter: Nadia Tayeb, MD

SUNDAY, DECEMBER 11, 2016—Concurrent Workshop D 1—5  10:00 am – 11:30 am

Chronic Opioid Therapy and Multimodal Chronic Pain Management: An Evidence-Based/Case-Based Approach
Lead Presenter: Charles Argoff, MD

Change the Things We Can: Train Every Future Physician in Addiction Medicine
Lead Presenter: Jenifer VanDeusen, MD

Working with Emotions: The Core of motivational interviewing, Harm Reduction, and transformational opportunities
Lead Presenter: Mark Green, MD

The Role of Addiction Psychiatrists in Integrating Substance Use Disorder Treatment into Primary Care
Lead Presenter: Dong Chan Park, MD

Addiction, Suicide and Military Culture
Lead Presenter: John Rodolico, MD
Sponsorship Opportunities

Your donations will help benefit the Sheldon Miller Educational Fund to support trainee activities.

NOTE: Sponsorship opportunities are available for organizations who are not a commercial interest, as defined by the ACCME’s Definition of Commercial Interest: “any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients.”

FLORIDA ORANGE ($10,000)
• One complimentary exhibit
• Support travel awards for four residents/fellows/medical students to attend Annual Meeting
• Promotional flyer provided at registration (provided by sponsor)
• $2,000 donation to the auction benefiting the Sheldon I. Miller Educational Fund to foster and support trainee educational activities
• Sponsors will be recognized with signage (provided by sponsor) at the Awards Ceremony with reserved seating
• Two tickets to the Awards Ceremony ($100 value)
• Prominent listing of sponsorship will be placed on AAAP’s website
• Ad on Social Media Wall to run twice per hour during the Annual Meeting

AVOCADO ($6,000)
• One complimentary exhibit
• Ads about this sponsorship will be displayed on our Social Media Wall to run once per hour during the Annual Meeting
• $1,000 donation to the Sheldon I. Miller Educational Fund to support trainee educational activities
• Free literature display. Note: sponsors must provide all materials no later than November 1, 2016
  Ship to: American Academy of Addiction Psychiatry, 400 Massasoit Ave., Suite 307, East Providence, RI 02914

COCONUT YOGA CLASS ($2,500)
Strike a pose and find your inner Chi. Great opportunity to exercise your mind and body. Sponsors will be recognized with signage at the event (provided by sponsor) and an ad for the event on the Social Media Wall once per hour prior to and during the event. FREE yoga mats for the first 50 participants, courtesy of the sponsor.

KIWI KARAOKE ($2,500)
Stretch those vocal chords and have a little fun. Sponsor will be recognized with signage at the event (provided by sponsor) and an ad for the event on the Social Media Wall that will run once every hour prior to and during the event. Ear plugs optional!

PINEAPPLE FUN RUN/WALK ($2,500)
Attendees will kick off the day with an energizing 5k run/walk! Sponsors will be recognized with signage (provided by sponsor) at the event and an ad on the Social Media Wall once per hour prior to and during the event.

CANTALOUPE MASSAGE CENTER ($1,000/4 hours, $2,000/8 hours)
A seated massage center will be strategically located in conference area to give attendees an opportunity to rest and rejuvenate. Sponsor to provide signage at the site. The event will be advertised each hour on our Social Media Wall prior to and during the event.
Consider donating to Silent and/or Live Auction to benefit the Sheldon Miller Education Fund

Our annual auction is one of the most highly visible events held during the meeting. Your donation and company logo will be included in an ad for our Social Media Wall. During the auction, scheduled for Dec. 10, your company’s name will be announced. It’s a great way to get some visibility, as well as benefiting a wonderful cause that helps train our future addiction psychiatrists.

Past auctions have featured hotel stays, airline flights, jewelry, vacations, high-end electronics, and more. All donations, large and small, are welcome!