Welcome...

to the American Academy of Addiction Psychiatry’s 31st Annual Meeting and Scientific Symposium

A Letter from Our President

On behalf of the AAAP Staff and Board of Directors, I would like to welcome you to the 31st AAAP Annual Meeting and Scientific Symposium. This year our meeting will look and feel a bit different, but I want to assure you that the collegial spirit and warmth of our organization is unchanged. We may not be able to meet in person, but thanks to technology and some hard work by the AAAP staff and committees, this year’s meeting will be just as invigorating and enjoyable as in year’s past.

AAAP has always been a welcoming and inclusive professional organization, and that has not changed. If you’re a new member or early in your career, you’ll find the leadership willing to help and answer questions. Make the most of Crowd Compass by taking the time to learn about all its features—you’ll be glad you did. Trainees should be sure to take advantage of access to leaders in the field during the Chat with the Experts. AAAP is a place where national leaders in the field are accessible and eager to meet attendees and provide opportunities to learn from one another.

We’ve designed our workshops and symposia to allow interaction, ask questions, and make comments via Zoom. I encourage you to be an active participant in all activities. Your involvement is essential to AAAP’s continued success.

Should you have any questions, please contact any of our staff or any of us on the Board.
Like we say, we may be apart, but we’re still together!

Kevin A. Sevarino, MD, PhD
What is AAAP?

AAAP is a professional membership organization founded in 1985 with more than 1,700 members. Membership includes Addiction Psychiatrists, general psychiatrists, primary care providers, nurses, pharmacists and those in training contributing to the field of substance use disorders and mental disorders.

• The leading professional membership organization for learning and sharing about the art and science of Addiction Psychiatry research and clinical treatment.

• Transforming lives through a commitment to using evidenced-based research to continually improve clinical approaches and outcomes of their patients.

• A caring and engaging group of like-minded professionals who are committed to translating work from the laboratory to providing effective treatment needed in the real world.

• A collegial environment where health professionals have the opportunity to see colleagues, make new friends, learn from thought leaders and contribute their own knowledge to an ever-expanding dialogue.

• An organization committed to providing an ideal forum to support building collaborative efforts among health professionals and to expand their skills through certification and continuing education programs in the field of addictions.

This year we’re staying safe and staying home and presenting the meeting virtually. As one of the most informative addiction conferences in the country, our annual meeting provides the latest scientific and clinical approaches in substance use disorders and mental disorders.

Get ready to:

• Learn the latest evidence-based information in Addiction Psychiatry through a wide variety of workshops and symposia

• Meet the leading experts in the field of Addiction Psychiatry

• Meet new friends and re-connect with colleagues.

• Learn while having fun!
**Conference Schedule**

*All times displayed in EST.*

**Wednesday, December 9th, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>7:00 pm</td>
<td><strong>Film and Media Workshop - Watch Party!</strong>&lt;br&gt;<em>BEDLAM - Written and Directed by Ken Rosenberg</em></td>
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**Thursday, December 10th, 2020**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>12:00 pm</td>
<td><strong>Welcome Ceremony</strong></td>
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<tr>
<td>12:15 pm</td>
<td><strong>Symposium I</strong>&lt;br&gt;<em>Telehealth Delivery of Opioid Use Disorder Treatment in the Age of Covid-19</em></td>
</tr>
<tr>
<td>12:15 pm</td>
<td><strong>Break</strong></td>
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<tr>
<td>2:30 pm</td>
<td><strong>Concurrent Workshop Sessions A</strong>&lt;br&gt;<em>A1: Management of Persons Who Inject Drugs (PWID) in the General Medical Setting&lt;br&gt;A2: Attention-Deficit Hyperactivity Disorder (ADHD) in Individuals With Addiction&lt;br&gt;A3: Build Your Motivational Interviewing Effectiveness by Practicing Strategic Listening&lt;br&gt;A4: Benzodiazepines: A Crisis Hidden in Plain Sight&lt;br&gt;A5: Addiction in Native American Youth during COVID-19</em></td>
</tr>
<tr>
<td>4:00 pm</td>
<td><strong>Welcome Reception and Award Ceremony</strong></td>
</tr>
<tr>
<td>5:00 pm</td>
<td><strong>Break</strong></td>
</tr>
<tr>
<td>7:00 pm</td>
<td><strong>AAAP Workshop Special Event - Online Pornography and Cybersex</strong>&lt;br&gt;<em>Inspired by the film Don Jon - Written and Directed by Joseph Gordon-Levitt</em></td>
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**Friday, December 11th, 2020**

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<th>Time</th>
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<tr>
<td>12:00 pm</td>
<td><strong>Symposium II</strong>&lt;br&gt;<em>Addressing the Re-Emerging Methamphetamine Use Challenge: New Research Findings and Clinical Implications</em></td>
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<tr>
<td>2:00 pm</td>
<td><strong>Break</strong></td>
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<tr>
<td>2:15 pm</td>
<td><strong>Concurrent Workshop Sessions B</strong>&lt;br&gt;<em>B1: Substance Use Disorders and the Legal System&lt;br&gt;B2: Outpatient Low-Threshold Clinical Care Models For Patients With SUD&lt;br&gt;B3: Telepsychiatry With Youth in the Days of COVID&lt;br&gt;B4: My Brain Seeking Reward: Neuroscience Applications in Clinical Practice&lt;br&gt;B5: Meth 2.0: New Wave of a Known Threat&lt;br&gt;B6: Best Practices in Managing Patients With OUD who use Kratom</em></td>
</tr>
<tr>
<td>3:45 pm</td>
<td><strong>Break</strong></td>
</tr>
<tr>
<td>4:00 pm</td>
<td><strong>Concurrent Paper Sessions Group 1 (Zoom Room 1)</strong>&lt;br&gt;<em>P1: Boston University Psychiatry Evaluation of Minority Addiction Treatment (BUPE-MAT) Study: A Qualitative Analysis on Barriers to Buprenorphine Treatment for Racial/Ethnic Minorities&lt;br&gt;P2: Cannabis Use is Associated With Depressive Symptoms among Pregnant Women Receiving Buprenorphine for Opioid Use Disorder&lt;br&gt;P3: Correlates of Opioid Abstinence after Randomization to Buprenorphine-Naloxone versus Injectable Naltrexone in a Multi-Site Trial&lt;br&gt;P4: Opioid Overdose Prevention and Response Training for First Year Medical Students: Are Improvements Maintained after a Year?</em></td>
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</table>
Friday, December 11th, 2020 (Continued)

4:00 pm           4:45 pm  Concurrent Paper Sessions Group 2 (Zoom Room 2)
P5: Patient Satisfaction With Shared Medical Appointments Among Patients With Opioid Use Disorder Attending an Urban Buprenorphine Clinic
P6: Pharmacological Treatment of Pain Among Persons With Opioid Addiction: A Systematic Review and Meta-Analysis With Implications for Drug Development
P7: Pharmacotherapy for Attention-Deficit Hyperactivity Disorder (ADHD) and Long-Term Retention in Outpatient Addiction Treatment: A Retrospective Cohort Study
P8: Strategies to Increase Medication Assisted Treatment for Substance Use Disorders and Their Outcomes: Data from 140 Quality Improvement Programs Affecting Over 12,000 Individuals

4:45 pm           5:00 pm  Break
5:00 pm           5:20 pm  Concurrent 2020 Poster Winner Chats Group 1
5:20 pm           5:25 pm  Break
5:25 pm           5:45 pm  Concurrent 2020 Poster Winner Chats Group 2

Saturday, December 12th, 2020

12:00 pm           2:00 pm  Symposium III
Increasing Access to and Utilization of Medications for Addiction Treatment: Innovative, Tailored Approaches

2:00 pm           2:15 pm  Break
2:15 pm           3:45 pm  Concurrent Workshop Sessions C
C1: Outcome Measures in Addiction Psychiatry
C2: Addiction Consult Services: The Role of Psychiatry
C3: Group Based Opioid Treatment (GBOT) Implementation
C4: Making the Invisible Visible: Exploring Bias Through Art
C5: From In-Person Group Treatment to Digital Therapies: How to Help Women With Substance Use Disorders

3:45 pm           4:00 pm  Break
4:00 pm           5:00 pm  Medical Update
Clinical Update in Pulmonary Conditions Associated With Tobacco Dependence and E-cigarette Use: A Case-based Approach

Sunday, December 13th, 2020

12:00 pm           2:00 pm  Symposium IV
Interactive Effects of Chronic Stress and Sleep Disturbance on Opioid Use Disorder: Implications for Disease Progression and Treatment Outcomes

2:00 pm           2:15 pm  Break
2:15 pm           3:45 pm  Concurrent Workshop Sessions D
D1: Should Addiction Psychiatrists Recommend Sublingual Buprenorphine to Chronic Pain Patients on High-Dose, Long-Term Opioid Therapy?
D2: The Apple May Not Fall Close to the Tree: Reducing Incident SUD in the Next Generation through Parental Support and Early Intervention
D3: Internet Gaming Disorder: Should Psychiatrists Screen for Screen-Time?
D4: Trials and Tribulations in Optimizing mHealth Interventions in Addictions
D5: Awakening and Recovery
D6: Management of Alcohol Use Disorders in Liver Transplant Patients

3:45 pm           4:00 pm  Break
4:00 pm           5:30 pm  Case Conference
Harm Reduction During the COVID-19 Pandemic: When to Go Above Our Comfort Zone?

Check CrowdCompass app for most up-to-date schedule.
THURSDAY, DECEMBER 10 12:15 pm – 2:15 pm (EST)

SYMPOSIUM I: Telehealth Delivery of Opioid Use Disorder Treatment in the Age of Covid-19

Presenters: Lewei Lin, MD; David Moore, MD, PhD; David Kan, MD; Larissa Mooney, MD

SUMMARY: Patients with opioid and other substance use disorders are particularly vulnerable to consequences from loss of care that can occur if necessary treatments and psychosocial services are disrupted by COVID-19. The rapid and unprecedented expansion of telehealth in response to COVID-19 is likely to leave a permanent mark on how OUD care is delivered well after resolution of the COVID-19 pandemic. Read more.

FRIDAY, DECEMBER 11, 12:00 pm – 2:00 pm (EST)

SYMPOSIUM II: Addressing the Re-Emerging Methamphetamine Use Challenge: New Research Findings and Clinical Implications

Presenters: Petra Jacobs, MD, MHS; Madhukar Trivedi, MD; Richard Rawson, PhD

SUMMARY: According to the National Survey on Drug Use and Health (NSDUH) in 2018, an estimated 1,867,000 (or 0.7%) of persons in US aged 12 years and older, reported methamphetamine use in the past year and 1,051,000 or 0.4% reported substance use disorder in the past year involving methamphetamines. Western regions consistently experience the highest rates of methamphetamine use and overdose, with recent reports from law enforcement agencies of increased methamphetamine potency as well as availability dispersing to other parts of the US. Read more.

SATURDAY, DECEMBER 12, 12:00 pm – 2:00 pm (EST)

SYMPOSIUM III: Increasing Access to and Utilization of Medications for Addiction Treatment: Innovative, Tailored Approaches

Presenters: Theddus Iheanacho, MD; Ayana Jordan, MD; Jonathan Craig Allen, MD; Tara Kerner, DO

SUMMARY: This symposium will provide insight into the importance of implementing tailored approaches in addiction treatment methods to increasing access to and utilization of medications. This will be done by examining the results of four innovative groups that have put this methodology into practice: the Imani Breakthrough Program... Read more.

SUNDAY, DECEMBER 13, 12:00 pm – 2:00 pm (EST)

SYMPOSIUM IV: Interactive Effects of Chronic Stress and Sleep Disturbance on Opioid Use Disorder: Implications for Disease Progression and Treatment Outcomes

Presenters: Andrew Huhn, PhD, MBA; Kathleen Brady, MD, PhD; Kenzie Preston; Rajita Sinha, PhD

SUMMARY: Chronic stress has long been associated with sleep disturbance, addiction risk, and drug relapse. However, the specific neural and biobehavioral processes by which chronic stress and sleep disturbance might interact to promote the progression of opioid use disorder (OUD) and impede OUD treatment have only recently garnered attention. In general, individuals with substance use disorders (SUD) including OUD have high rates of trauma, stress, and stress-related mood and anxiety disorders. This symposium brings together an exceptional team of experts who utilize a wide range of clinical research methodology, including human laboratory studies, brain imaging, ambulatory monitoring, and clinical trials. Read more.
# Workshops

(_More information about each workshop_)

**THURSDAY, DECEMBER 10, 2020 — Concurrent Workshops Session A — 2:30 pm – 4:00 pm (EST)**

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**FRIDAY, DECEMBER 11, 2020 — Concurrent Workshops Session B — 2:15 pm – 3:45 pm (EST)**

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<td>B6</td>
<td>Best Practices in Managing Patients With OUD who use Kratom</td>
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**SATURDAY, DECEMBER 12, 2020 — Concurrent Workshops Session C — 2:15 pm – 3:45 pm (EST)**

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(_More workshops next page_)
SUNDAY, DECEMBER 13, 2020 — Concurrent Workshops Session D — 2:15 pm – 3:45 pm (EST)

D1: Should Addiction Psychiatrists Recommend Sublingual Buprenorphine to Chronic Pain Patients on High-Dose, Long-Term Opioid Therapy?

D2: The Apple May Not Fall Close to the Tree: Reducing Incident SUD in the Next Generation Through Parental Support and Early Intervention

D3: Internet Gaming Disorder – Should Psychiatrists Screen for Screen-Time?

D4: Trials and Tribulations in Optimizing mHealth Interventions in Addictions

D5: Awakening and Recovery

D6: Management of Alcohol Use Disorders in Liver Transplant Patients

Click here to see what else is happening this year!
Continuing Education Credits

ABPN Acknowledgement Statement
31st (Virtual) Annual Meeting and Scientific Symposium – ABPN diplomates who register for this annual meeting will have the opportunity to earn 10 Self-Assessment CMEs if they participate in all sessions (recorded or live) and complete a 100 question Self-Assessment activity by February 1, 2021.

Self-Assessment Credit
The American Board of Psychiatry and Neurology has approved AAAP’s 31st Annual Meeting and Scientific Symposium to award up to 32.5 Category 1 CME, of which 10 are approved as Self-Assessment credits. The approval period is for December 10 – 13, 2020. Participants have until February 1, 2021 to complete SA component. This program is part of a comprehensive program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

Learn more about CE Credits at the 31st Annual Meeting here.
About the Virtual APP

In addition to our scheduled live events, AAAP’s state-of-the-art virtual app will have extensive on-demand video content, chances to connect with your friends and colleagues, and so much more — all available now! For example, attendees can watch webinars, view posters and read papers in advance of the meeting, then interact live with the presenters to discuss the presentations and ask questions about clinical cases and more.

Once you’re registered, you will receive information how to download the CrowdCompass app onto your computer. Then you’ll be able to access all on-demand content to prepare you for the live events. Using your computer is the best way to experience AAAP’s virtual event, so take the time to look around and familiarize yourself.

Join AAAP today! Save on next year’s registration and gain access to an array of benefits today. Learn more.
Learn More about the Virtual APP

To access the Annual Meeting and all of the conference content, you will need to create an account on our web-based CrowdCompass app in advance.

This web-based app is where all of the conference content will be housed. Logging into the app is required to access the conference content. Note: Video presentations cannot be downloaded or saved outside of the app. You must log into your CrowdCompass account to view them.

Logging into this app is also how you will join the live webinar/meeting components of the conference noted in the schedule.

On the next page you will find step-by-step instructions on how to set up your CrowdCompass account. Be sure to watch the companion video guide below too!

Review these instructions before clicking the link under the instructions to set up your CrowdCompass account and get started!

For further instructions on how to access CrowdCompass, please view this brief instructional video!
If you are not receiving the verification code email, please be sure to check your junk/spam folder. The sender of the verification code email is support@crowdcompassmail.com and the subject line of the email is "Verification Code for Annual Meeting."

Get the Virtual APP here.
Thank You to Our Sponsors

American Board of Psychiatry and Neurology, Inc.
A Member Board of the American Board of Medical Specialties (ABMS)

We may be apart
but we’re still together!
We are looking forward to “seeing” you at our first ever virtual Annual Meeting!