

Translating Science. Transforming Lives.

Annual Meeting and Scientific Symposium December 10 - 13, 2020

### American Academy of Addiction Psychiatry's 31st Annual Meeting and Scientific Symposium

### 2020 Program Guide

## Connect with Leading Experts in the Field of Addiction Psychiatry





Lewei Lin, MD





Steven Shoptaw, PhD

Symposia III Increasing Access to MAT



Theddus Iheanacho, MD

Symposia IV Chronic Stress, Sleep Disturbance on OUD



Andrew Huhn, PhD, MBA





Mary Jeanne Kreek, MD

Arts and Advocacy Award



Patrice Harris, MD, MA



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# Welcome...

### to the American Academy of Addiction Psychiatry's 31st Annual Meeting and Scientific Symposium

### A Letter from Our President

On behalf of the AAAP Staff and Board of Directors, I would like to welcome you to the 31st AAAP Annual Meeting and Scientific Symposium. This year our meeting will look and feel a bit different, but I want to assure you that the collegial spirit and warmth of our organization is unchanged. We may not be able to meet in person, but thanks to technology and some hard work by the AAAP staff and committees, this year's meeting will be just as invigorating and enjoyable as in year's past.



AAAP has always been a welcoming and inclusive professional organization, and that has not changed. If you're a new member or early in your career, you'll find the leadership willing to help and answer questions. Make the most of Crowd Compass

by taking the time to learn about all its features—you'll be glad you did. Trainees should be sure to take advantage of access to leaders in the field during the Chat with the Experts. AAAP is a place where national leaders in the field are accessible and eager to meet attendees and provide opportunities to learn from one another.

We've designed our workshops and symposia to allow interaction, ask questions, and make comments via Zoom. I encourage you to be an active participant in all activities. Your involvement is essential to AAAP's continued success.

Should you have any questions, please contact any of our staff or any of us on the Board. Like we say, we may be apart, but we're still together!

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Kevin A. Sevarino, MD, PhD

## What is AAAP?

AAAP is a professional membership organization founded in 1985 with more than 1,700 members. Membership includes Addiction Psychiatrists, general psychiatrists, primary care providers, nurses, pharmacists and those in training contributing to the field of substance use disorders and mental disorders.

- The leading professional membership organization for learning and sharing about the art and science of Addiction Psychiatry research and clinical treatment.
- Transforming lives through a commitment to using evidenced-based research to continually improve clinical approaches and outcomes of their patients.
- A caring and engaging group of like-minded professionals who are committed to translating work from the laboratory to providing effective treatment needed in the real world.

- A collegial environment where health professionals have the opportunity to see colleagues, make new friends, learn from thought leaders and contribute their own knowledge to an ever-expanding dialogue.
- An organization committed to providing an ideal forum to support building collaborative efforts among health professionals and to expand their skills through certification and continuing education programs in the field of addictions.

This year we're staying safe and staying home and presenting the meeting virtually. As one of the most informative addiction conferences in the country, our annual meeting provides the latest scientific and clinical approaches in substance use disorders and mental disorders.

### Get ready to:

- Learn the latest evidence-based information in Addiction Psychiatry through a wide variety of workshops and symposia
- Meet the leading experts in the field of Addiction Psychiatry
- Meet new friends and re-connect with colleagues.
- Learn while having fun!



## **Conference Schedule**

All times displayed in EST.

#### Wednesday, December 9th, 2020

7:00 pm	9:30 pm	Film and Media Workshop - Watch Party!
		BEDLAM - Written and Directed by Ken Rosenberg

#### Thursday, December 10th, 2020

12:00 pm	12:15 pm	Welcome Ceremony
12:15 pm	2:15 pm	Symposium I
		Telehealth Delivery of Opioid Use Disorder Treatment in the Age of Covid-19
2:15 pm	2:30 pm	Break
2:30 pm	m 4:00 pm Concurrent Workshop Sessions A	
		A1: Management of Persons Who Inject Drugs (PWID) in the General Medical Setting
		A2: Attention-Deficit Hyperactivity Disorder (ADHD) in Individuals With Addiction
		A3: Build Your Motivational Interviewing Effectiveness by Practicing Strategic Listening
		A4: Benzodiazepines: A Crisis Hidden in Plain Sight
		A5: Addiction in Native American Youth during COVID-19
4:00 pm	5:00 pm	Welcome Reception and Award Ceremony
5:00 pm	7:00 pm	Break
7:00 pm	8:00 pm	AAAP Workshop Special Event - Online Pornography and Cybersex
		Inspired by the film Don Jon - Written and Directed by Joseph Gorden-Levitt
8:00 pm	9:00 pm	AAAP Soiree Costume Party and Trivia Night! (RSVP required)

#### Friday, December 11th, 2020

12:00 pm	2:00 pm	Symposium II
·	·	Addressing the Re-Emerging Methamphetamine Use Challenge: New Research Findings and Clinical Implications
2:00 pm	2:15 pm	Break
2:15 pm	3:45 pm	Concurrent Workshop Sessions B
·	·	B1: Substance Use Disorders and the Legal System
		B2: Outpatient Low-Threshold Clinical Care Models For Patients With SUD
		B3: Telepsychiatry With Youth in the Days of COVID
		B4: My Brain Seeking Reward: Neuroscience Applications in Clinical Practice
		B5: Meth 2.0: New Wave of a Known Threat
		B6: Best Practices in Managing Patients With OUD who use Kratom
3:45 pm	4:00 pm	Break
4:00 pm	4:45 pm	Concurrent Paper Sessions Group 1 (Zoom Room 1)
		P1: Boston University Psychiatry Evaluation of Minority Addiction Treatment (BUPE-
		MAT) Study: A Qualitative Analysis on Barriers to Buprenorphine Treatment for Racial/Ethnic Minorities
		P2: Cannabis Use is Associated With Depressive Symptoms among Pregnant Women Receiving Buprenorphine for Opioid Use Disorder
		P3: Correlates of Opioid Abstinence after Randomization to Buprenorphine-Naloxone versus Injectable Naltrexone in a Multi-Site Trial
		P4: Opioid Overdose Prevention and Response Training for First Year Medical Students: Are Improvements Maintained after a Year?

#### Friday, December 11th, 2020 (Continued)

4:00 pm	4:45 pm	Concurrent Paper Sessions Group 2 (Zoom Room 2)
·	·	P5: Patient Satisfaction With Shared Medical Appointments Among Patients With Opioid Use
		Disorder Attending an Urban Buprenorphine Clinic
		P6: Pharmacological Treatment of Pain Among Persons With Opioid Addiction: A Systematic
		Review and Meta-Analysis With Implications for Drug Development
		P7: Pharmacotherapy for Attention-Deficit Hyperactivity Disorder (ADHD) and Long-Term
		Retention in Outpatient Addiction Treatment: A Retrospective Cohort Study P8: Strategies to Increase Medication Assisted Treatment for Substance Use Disorders
		and Their Outcomes: Data from 140 Quality Improvement Programs Affecting Over
		12,000 Individuals
4:45 pm	5:00 pm	Break
5:00 pm	5:20 pm	Concurrent 2020 Poster Winner Chats Group 1
5:20 pm	5:25 pm	Break
5:25 pm	5:45 pm	Concurrent 2020 Poster Winner Chats Group 2
Saturday, De	ecember 12th, 20	020
12:00 pm	2:00 pm	Symposium III
		Increasing Access to and Utilization of Medications for Addiction Treatment: Innovative, Tailored Approaches
2:00 pm	2:15 pm	Break
2:15 pm	3:45 pm	Concurrent Workshop Sessions C
		C1: Outcome Measures in Addiction Psychiatry C2: Addiction Consult Services: The Role of Psychiatry
		C3: Group Based Opioid Treatment (GBOT) Implementation
		C4: Making the Invisible Visible: Exploring Bias Through Art
		C5: From In-Person Group Treatment to Digital Therapies: How to Help Women With
		Substance Use Disorders
3:45 pm	4:00 pm	Break
4:00 pm	5:00 pm	Medical Update
		Clinical Update in Pulmonary Conditions Associated With Tobacco Dependence and E-cigarette Use: A Case-based Approach
Sunday, Dec	ember 13th, 202	20
12:00 pm	2:00 pm	Symposium IV
		Interactive Effects of Chronic Stress and Sleep Disturbance on Opioid Use Disorder: Implications for Disease Progression and Treatment Outcomes
2:00 pm	2:15 pm	Break
2:15 pm	3:45 pm	Concurrent Workshop Sessions D
		D1: Should Addiction Psychiatrists Recommend Sublingual Buprenorphine to Chronic Pain
		Patients on High-Dose, Long-Term Opioid Therapy? D2: The Apple May Not Fall Close to the Tree: Reducing Incident SUD in the Next Generation
		through Parental Support and Early Intervention
		D3: Internet Gaming Disorder: Should Psychiatrists Screen for Screen-Time?
		D4: Trials and Tribulations in Optimizing mHealth Interventions in Addictions
		D5: Awakening and Recovery
		D6: Management of Alcohol Use Disorders in Liver Transplant Patients
3:45 pm	4:00 pm	Break
4:00 pm	5:30 pm	Case Conference
		Harm Reduction During the COVID-19 Pandemic: When to Go Above Our Comfort Zone?

Check CrowdCompass app for most up-to-date schedule.

## Symposia

#### THURSDAY, DECEMBER 10 12:15 pm – 2:15 pm (EST)

#### SYMPOSIUM I: Telehealth Delivery of Opioid Use Disorder Treatment in the Age of Covid-19

**Presenters:** Lewei Lin, MD; David Moore, MD, PhD; David Kan, MD; Larissa Mooney, MD

**SUMMARY:** Patients with opioid and other substance use disorders are particularly vulnerable to consequences from loss of care that can occur if necessary treatments and psychosocial services are disrupted by COVID-19. The rapid and unprecedented expansion of telehealth in response to COVID-19 is likely to leave a permanent mark on how OUD care is delivered well after resolution of the COVID-19 pandemic. <u>Read more.</u>

#### FRIDAY, DECEMBER 11, 12:00 pm – 2:00 pm (EST)

#### SYMPOSIUM II: Addressing the Re-Emerging Methamphetamine Use Challenge: New Research Findings and Clinical Implications

**Presenters:** Petra Jacobs, MD, MHS; Madhukar Trivedi, MD; Richard Rawson, PhD

**SUMMARY:** According to the National Survey on Drug Use and Health (NSDUH) in 2018, an estimated 1,867,000 (or 0.7%) of persons in US aged 12 years and older, reported methamphetamine use in the past year and 1,051 000 or 0.4% reported substance use disorder in the past year involving methamphetamines. Western regions consistently experience the highest rates of methamphetamine use and overdose, with recent reports from law enforcement agencies of increased methamphetamine potency as well as availability dispersing to other parts of the US. <u>Read more.</u>

#### SYMPOSIUM III: Increasing Access to and Utilization of Medications for Addiction Treatment: Innovative, Tailored Approaches

**Presenters:** Theddus Iheanacho, MD; Ayana Jordan, MD; Jonathan Craig Allen, MD; Tara Kerner, DO

**SUMMARY:** This symposium will provide insight into the importance of implementing tailored approaches in addiction treatment methods to increasing access to and utilization of medications. This will be done by examining the results of four innovative groups that have put this methodology into practice: the Imani Breakthrough Program... <u>Read more.</u>

#### SUNDAY, DECEMBER 13, 12:00 pm – 2:00 pm (EST)

SYMPOSIUM IV: Interactive Effects of Chronic Stress and Sleep Disturbance on Opioid Use Disorder: Implications for Disease Progression and Treatment Outcomes

**Presenters:** Andrew Huhn, PhD, MBA; Kathleen Brady, MD, PhD; Kenzie Preston; Rajita Sinha, PhD

**SUMMARY:** Chronic stress has long been associated with sleep disturbance, addiction risk, and drug relapse. However, the specific neural and biobehavioral processes by which chronic stress and sleep disturbance might interact to promote the progression of opioid use disorder (OUD) and impede OUD treatment have only recently garnered attention. In general, individuals with substance use disorders (SUD) including OUD have high rates of trauma, stress, and stress-related mood and anxiety disorders. This symposium brings together an exceptional team of experts who utilize a wide range of clinical research methodology, including human laboratory studies, brain imaging, ambulatory monitoring, and clinical trials. <u>Read more.</u>

## Workshops (More information about each workshop)

#### THURSDAY, DECEMBER 10, 2020 - Concurrent Workshops Session A - 2:30 pm - 4:00 pm (EST)

- A1: Management of Persons Who Inject Drugs (PWID) in the General Medical Setting
- A2: Attention-Deficit Hyperactivity Disorder (ADHD) in Individuals With Addiction
- A3: Build Your Motivational Interviewing Effectiveness by Practicing Strategic Listening
- A4: Benzodiazepines: A Crisis Hidden in Plain Sight
- A5: Addiction in Native American Youth During COVID-19

#### FRIDAY, DECEMBER 11, 2020 — Concurrent Workshops Session B — 2:15 pm – 3:45 pm (EST)

- B1: Substance Use Disorders and the Legal System
- B2: Outpatient Low-Threshold Clinical Care Models For Patients With Substance Use Disorders
- B3: Telepsychiatry With Youth in the Days of COVID
- B4: My brain Seeking Reward: Neuroscience Applications in Clinical Practice
- B5: Meth 2.0: New Wave of a Known Threat
- B6: Best Practices in Managing Patients With OUD who use Kratom

#### SATURDAY, DECEMBER 12, 2020 — Concurrent Workshops Session C — 2:15 pm – 3:45 pm (EST)

- C1: Outcome Measures in Addiction Psychiatry
- C2: Addiction Consult Services: The Role of Psychiatry
- C3: Group Based Opioid Treatment (GBOT) Implementation
- C4: Making the Invisible Visible: Exploring Bias Through Art
- C5: From In-Person Group Treatment to Digital Therapies: How to Help Women With Substance Use Disorders

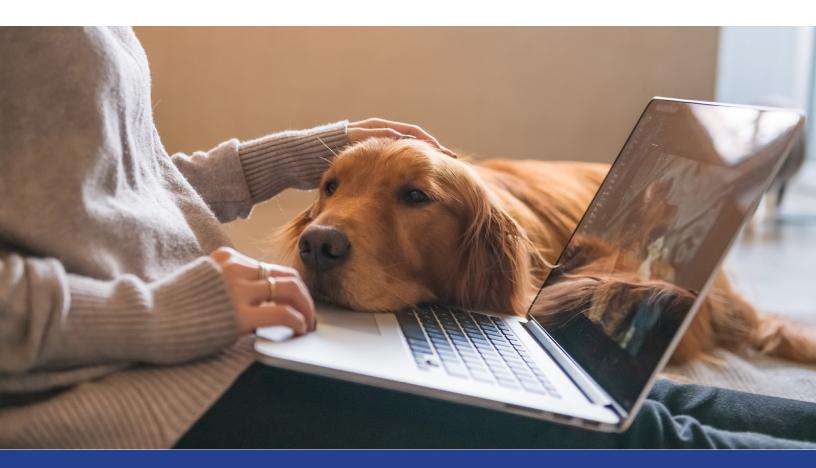
(More workshops next page)

## Workshops (continued)

#### SUNDAY, DECEMBER 13, 2020 — Concurrent Workshops Session D — 2:15 pm – 3:45 pm (EST)

- D1: Should Addiction Psychiatrists Recommend Sublingual Buprenorphine to Chronic Pain Patients on High-Dose, Long-Term Opioid Therapy?
- D2: The Apple May Not Fall Close to the Tree: Reducing Incident SUD in the Next Generation Through Parental Support and Early Intervention
- D3: Internet Gaming Disorder Should Psychiatrists Screen for Screen-Time?
- D4: Trials and Tribulations in Optimizing mHealth Interventions in Addictions
- D5: Awakening and Recovery
- D6: Management of Alcohol Use Disorders in Liver Transplant Patients

Click here to see what else is happening this year!





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## **Continuing Education Credits**

#### **ABPN Acknowledgement Statement**

31st (Virtual) Annual Meeting and Scientific Symposium – ABPN diplomates who register for this annual meeting will have the opportunity to earn 10 Self-Assessment CMEs if they participate in all sessions (recorded or live) and complete a 100 question Self-Assessment activity by February 1, 2021.

### Self-Assessment Credit

The American Board of Psychiatry and Neurology has approved AAAP's 31st Annual Meeting and Scientific Symposium to award up to 32.5 Category 1 CME, of which 10 are approved as Self-Assessment credits. The approval period is for December 10 – 13, 2020. Participants have until February 1, 2021 to complete SA component. This program is part of a comprehensive program, which is mandated by the ABMS as a necessary component of Maintenance of Certification

Learn more about CE Credits at the 31st Annual Meeting here.





### This year is all about You! Important Dates:

Last day to register (tell your colleagues) December 9, 2020

*Special BEDLAM Watch Party* December 9, 2020

*Dates of live virtual conference* December 10- 13, 2020

AAAP Annual Meeting Soiree December 10, 2020

### About the Virtual APP

In addition to our scheduled live events, AAAP's state-of-the-art virtual app will have extensive ondemand video content, chances to connect with your friends and colleagues, and so much more — all available now! For example, attendees can watch webinars, view posters and read papers in advance of the meeting, then interact live with the presenters to discuss the presentations and ask questions about clinical cases and more.

Once you're registered, you will receive information how to download the CrowdCompass app onto your computer. Then you'll be able to access all on-demand content to prepare you for the live events. Using your computer is the best way to experience AAAP's virtual event, so take the time to look around and familiarize yourself.

Join AAAP today! Save on next year's registration and gain access to an array of benefits today. <u>Learn more.</u>

## Learn More about the Virtual APP

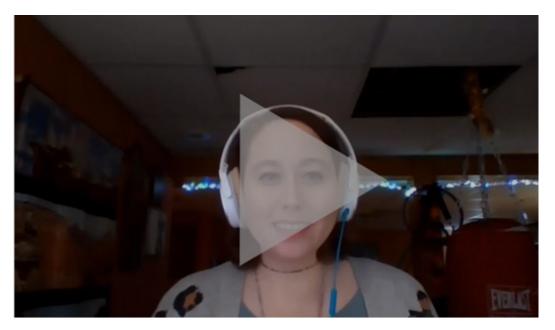
To access the Annual Meeting and all of the conference content, you will you will need to create an account on our web-based CrowdCompass app in advance.

This web-based app is where all of the conference content will be housed. Logging into the app is required to access the conference content. *Note: Video presentations cannot be downloaded or saved outside of the app. You must log into your CrowdCompass account to view them.* 

Logging into this app is also how you will join the live webinar/meeting components of the conference noted in the schedule.

On the next page you will finded step-by-step instructions on how to set up your CrowdCompass account. Be sure to watch the companion video guide below too!

Review these instructions before clicking the link under the instructions to set up your CrowdCompass account and get started!



For further instructions on how to access CrowdCompass, please view this brief instructional video!

1.	2.	
Enter the event password below Please enter the event password to see this event.	Welcome to 31st Annual Meeting and Scientific Symposium ! Log in to engage with the event! Check	
AAAP31	out your schedule, create a profile, and get the latest announcements.	
Access Event	Login	
3. Let's get started.	<b>4.</b> Check your text messages or email for a verification code.	
A. First Name	Enter Verification Code	
2 Last Name	123456	
Be sure to enter the email you used to register for the event	Verify	
Next	Didn't receive a verification code? Double check your email address.	

If you are not receiving the verification code email, please be sure to check your junk/spam folder. The sender of the verification code email is support@crowdcompassmail.com and the subject line of the email is "Verification Code for Annual Meeting."

## Get the Virtual APP here.

## Thank You to Our Sponsors



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A Member Board of the American Board of Medical Specialties (ABMS)





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## We may be apart but we're still together!

We are looking forward to "seeing" you at our first ever virtual Annual Meeting!



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